Percutaneous Drainage Discharge Instructions

You had these drugs for pain and/or relaxation:	
Fentanyl	
Versed	

This sheet will tell you how to take care of yourself when you get home.

Activities

Go home and rest. Do not drive, use machinery or power tools, or make any important decisions for 24 hours. You may return to your normal activities tomorrow.

You will be sore for <u>one to two weeks</u> after the catheter is inserted. This may limit your activity. Do not do anything that causes a pulling feeling or pain around the tube or that twists it.

You may shower, but cover the dressing with plastic wrap so it does not get wet. It may be easier to take a sponge bath. *Do not* take a tub bath.

Diet

You may return to your normal diet. Avoid alcoholic beverages for 24 hours.

Catheter Care

A visiting nurse will teach you how to care for the catheter site and dressing. Your doctor should arrange for the visiting nurse to come to your house.

Possible Problems

Report to the Radiology Department, your doctor, or the closest emergency room, if:

- You develop a rapid pulse (greater than 100 beats a minute)
- You feel faint
- You start to sweat heavily
- You feel weak
- You have a sudden increase in pain, swelling, or bleeding at the catheter site
- Have a temperature of 101 degrees or higher
- The dressing at the catheter site becomes soaked with blood

Call your doctor immediately if:

- You have pain in your side
- Your catheter comes out or breaks

(over)

- Your catheter begins to leak
- There is no drainage from the catheter that is open to the drainage bag
- You have yellow or green discharge around the catheter site
- You notice redness, tenderness, or swelling around the insertion site

If you have any problems or questions after you get home, call your doctor *or* the Radiology Department at (612) 467-2950 and ask for the cardiovascular radiologist *or* Urgent Care at (612) 467-2771.

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